

## Annex I - Internships

Host Entity	Type of Entity	Activity sector	Location	Required Profile	No of Places	Language required	Description of Traineeship	Date	More Info
<b>Territórios do Côa - Associação de Desenvolvimento Regional</b> (http://valedo.coa.pt)	Regional development association	Tourism and Local development	Almeida & Côa Valley Region	Tourism Management	1	Spanish or English	Active participation in the renewal of products and tourist packages in the territory, with a view to attracting new audiences	1/6/2022 - 31/8/2022 (2 or 3 months)	Free Accommodation + Food and local integration
				Digital Marketing	1	Spanish or English	Participate in a project to enhance tourism in the Côa Valley territory, supported by ICT and the structuring of an APP	1/6/2022 - 31/8/2022 (2 or 3 months)	Free Accommodation + Food and local integration
				Design	1	Spanish or English	Actively participate in a campaign to promote and enhance the region and its agents	1/6/2022 - 31/8/2022 (2 or 3 months)	Free Accommodation + Food and local integration
				Environmental Engineering	1	Spanish or English	It is expected to contribute to the management and monitoring activities of the route of the Great Route of Vale do Côa (more than 200kms)	1/6/2022 - 31/8/2022 (2 or 3 months)	Free Accommodation + Food and local integration
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<b>Veracruz Ventures</b> <a href="https://veracruz.ventures"> (https://veracruz.ventures)</a>	Company	Agriculture and Food (Almonds)	Fundão and Idanha-a-Nova	Agronomy	1	English	Information available soon	1/6/2022 - 31/8/2022 (2 or 3 months)	-----
				Marketing	1	English	Information available soon	1/6/2022 - 31/8/2022 (2 or 3 months)	-----
				Food Science and Technology	1	English	Information available soon	1/6/2022 - 31/8/2022 (2 or 3 months)	-----
<b>Pousada da Juventude da Serra da Estrela</b> <a href="https://www.pousadasjuventude.pt/pt/pousadas/pousada-da-serra-da-estrela/"> (https://www.pousadasjuventude.pt/pt/pousadas/pousada-da-serra-da-estrela/)</a>	Hostel	Tourism & Leisure	Penhas da Saúde (Serra da Estrela)	Tourism and Digital Marketing	1	English	In the area of Digital Marketing and/or Tourism Management, we intend to develop our digital communication platforms, improving the processes used.	1/6/2022 - 31/8/2022 (2 or 3 months)	Free Accomodation + Food and local integration
<b>Federação de Desportos de Inverno de Portugal</b> <a href="http://fdiportugal.pt/"> (http://fdiportugal.pt/)</a>	Sports Association	Winter Sports	Penhas da Saúde (Serra da Estrela)	Sport Sciences	1	English	In the area of sports, we intend to survey the possibilities of mountain sports activities in order to complement our tourist offer at the Serra da Estrela Youth Hostel.	1/6/2022 - 31/8/2022 (2 or 3 months)	Free Accomodation + Food and local integration
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<b>Município do Fundão</b> <a href="https://www.cm-fundao.pt/">(https://www.cm-fundao.pt/)</a>	Local government	Startup Incubator & Cowork	Alpedrinha (Fundão)	Business Sciences	1	English or Spanish	Support to young entrepreneurs and cowork management	1/3/2022 - 1/8/2022	Free Accomodation and local integration
				Design and Multimedia	1	English or Spanish	Participate in incubator promotion tasks, develop communication materials and web design	1/3/2022 - 1/8/2022	Free Accomodation and local integration
				Forest Engineering or Biology	2	English and French or Spanish	Participation in activities to enhance plant genetic resources in order to ensure biological diversity and the preservation of native species	1/6/2022 - 30/9/2022	Free Accomodation, Lunch, Transport and local integration
<b>Agroturismo Vale do Beijames</b> <a href="http://www.campingbeijames.com/">(www.campingbeijames.com/)</a>	Company	Tourism, Camping and Agriculture	Vale de Amoreira (Manteigas)	Tourism and rural development	1	English or Spanish or French	Support for campsite activities and event organization	1/7/2022 - 31/8/2022	Free Accomodation and local integration
				Agronomy	1	English or Spanish or French	Support the farm's management activities and participate in the food product quality process	1/7/2022 - 31/8/2022	Free Accomodation and local integration
<b>Eco Glamping Gardunha</b> <a href="https://naturaglampping.com/">(https://naturaglampping.com/)</a>	Company	Tourism	Alcongosta (Fundão)	Human Resources or Management	1	English or Spanish	Improvement of human and financial resources management	1/6/2022 - 31/8/2022	Free Accomodation, Lunch and Transport
				Digital Marketing or Multimedia Design	1	English or Spanish	Digital content creation, website updating, event promotion, campaigning, communication support development	1/6/2022 - 31/8/2022	Free Accomodation, Lunch and Transport

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<b>Restaurante Alkymia</b> ( <a href="http://www.restaurantealkimya.wordpress.com">www.restaurantealkimya.wordpress.com</a> )	Company	Restaurant and Tourism	Covilhã and Alcongosta	Marketing	1	English or Spanish	Social media management, website content update, stock management, support in the implementation of an ecofood system based on endogenous products	1/6/2022 - 31/8/2022	Free Accomodation and Lunch
<b>Rio Desperto - Valhelhas Camping</b> ( <a href="http://www.valhelhascamping.com/">www.valhelhascamping.com/</a> )	Company	Camping park	Valhelhas (Guarda)	Sport Sciences	2	English or French	Support for river beach activities, radical activities (rappel, climbing, slide, etc), hiking, water sports and activities with childrens. Support in event organization of the park	1/6/2022 - 15/9/2022	Free Accomodation, Breakfast and lunch
				Communication	1	English or French	Support to camping park activities, check in, reservations, communication, development of online and offline communication supports	1/6/2022 - 15/9/2022	Free Accomodation, Breakfast and lunch
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<b>Geopark Estrela</b> ( <a href="http://www.geoparkestrela.pt/">www.geoparkestrela.pt/</a> )	Association	Global Geopark - UNESCO	Guarda and Serra da Estrela	Environmental Engineering or Geology	1	English	actively participate in daily mountain activities with the park team, aiming at the protection, conservation and dissemination of the natural heritage. Support the implementation of sustainability actions	1/7/2022 - 31/8/2022	Free Accomodation and Lunch
<b>Câmara Municipal do Fundão</b> ( <a href="http://www.cm-fundao.com">www.cm-fundao.com</a> )	Local government	Forest activities	Fundão region	<b>Required Profile</b>	<b>No of Places</b>	<b>Language required</b>	<b>Description of Traineeship</b>	<b>Date</b>	<b>More Info</b>
<b>Host Entity</b>	<b>Type of Entity</b>	<b>Activity sector</b>	<b>Location</b>	Computer Sciences	1	English	Monitoring and implementation of intelligent irrigation systems, in conjunction with the Fab Lab Aldeias do Xisto.	1/6/2022 - 30/9/2022	Free Accomodation, Lunch, Transport and local integration
<b>Fab Lab Aldeias do Xisto</b> ( <a href="https://aldeiasdoxisto.pt/">https://aldeiasdoxisto.pt/</a> )	Association	Fab Lab Aldeias do Xisto	Barroca Grande and Fundão	Computer Sciences or ICT	1	English	Implementation of robotic systems to control and monitor environmental factors, energy and plant evolution inside a growth chamber, in conjunction with the "Fab Lab Aldeias do Xisto" and "Quinta Ciência Viva".	1/6/2022 - 30/9/2022	Free Accomodation, Lunch, Transport and local integration

				Industrial Design or Graphic Design	1	English or Spanish	participate in the design and creation of prototypes.		
<b>WD Retail</b> ( <a href="http://www.wdretail.pt/">www.wdretail.pt/</a> )	Company	Merchandising and Retail Solutions	Tortosendo (Covilhã)	Industrial Design or Graphic Design	1	English or Spanish	develop innovative proposals for retail solutions		

## ANNEX II – EXCEPTIONAL MEASURES FOR THE COVID-19 EMERGENCY

The European Commission's 2020 exceptional measures issued in response to the COVID-19 emergency are available for academic year 2020/2021.

For mobility academic year 2020/2021, in compliance with the provisions of the competent authorities in Portugal and abroad and the indications provided by the University, it is specified that mobility for traineeship can start following the scheduling of activities.

The University of Beira Interior is in constant contact with the competent authorities to monitor the development of the emergency and support exchange students in this difficult moment.

Before traveling to Portugal, find out about the measures adopted in our country and what constraints you may encounter. Visit the following pages frequently:

<https://www.portaldiplomatico.mne.gov.pt/en/>

<https://covid19.min-saude.pt/category/perguntas-frequentes/#>

<https://www.visitportugal.com/en/content/covid-19-measures-implemented-portugal>

If health emergency restrictions persist and do not allow the participant to complete their time abroad, the University of Beira Interior, in accordance with the hosting partner, reserves the right to cancel activities.